

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/08/18	01/09/18	01/10/18	01/11/18	01/12/18
Lentils	Chicken Fricassee	Black Beans	Ground Beef with Potatoes	Cheeseburgers
Meatballs	Rice	Ground Beef	Rice	Chips
Rice		Rice		
01/15/18	01/16/18	01/17/18	01/18/18	01/19/18
Chicken with Broccoli	Vegetable Soup	Red Beans	Meat with Vegetables	Pasta with Cheese
Rice	Meatballs	Ground Beef	Rice	Chicken Nuggets
	Rice	Rice		Corn
01/22/18	01/23/18	01/24/18	01/25/18	01/26/18
Rice with Chicken	Chickpeas	Beef Steak	Black Beans	Cheeseburgers
Salad	Meatballs	Lentils	Ground Turkey	Chips
	Rice	Rice	Rice	
01/29/18	01/30/18	01/31/18	02/01/18	02/02/18
Chicken Soup	Lentils	Meatballs	Ground Turkey	Pasta with Cheese
Chicken with sauce	Ground Beef	Vegetables	Rice	Chicken Nuggets
Rice	Rice	Rice		Corn

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01/08/18	01/09/18	01/10/18	01/11/18	01/12/18
Lentejas	Fricasé de Pollo	Frijoles Negros	Carne con papas	Hamburguesa con Queso
Albóndigas	Arroz	Picadillo	Arroz	Chips
Arroz		Arroz		
01/15/18	01/16/18	01/17/18	01/18/18	01/19/18
Pollo con Brócoli	Sopa de vegetales	Frijoles rojos	Carne con vegetales	Pasta con queso
Arroz	Albóndigas	Picadillo	Arroz	Nuggets
	Arroz	Arroz		Maíz
01/22/18	01/23/18	01/24/18	01/25/18	01/26/18
Arroz con pollo	Garbanzos	Filetillo de carne	Frijoles negros	Hamburguesa con Queso
Ensalada	Albóndigas	Lentejas	Picadillo de pavo	Chips
	Arroz	Arroz	Arroz	
01/29/18	01/30/18	01/31/18	02/01/18	02/02/18
Sopa de pollo	Lentejas	Albóndigas	Picadillo de Pavo	Pasta con queso
Pollo en salsa	Picadillo	Vegetales	Arroz	Nuggets
Arroz	Arroz	Arroz		Maíz